



Join Americans across the country in making future healthcare decisions known to family, friends and healthcare providers. Share your wishes and complete your advance directive, because... **YOUR DECISIONS MATTER.**



**Do other people know what your wishes are?  
It always seems too early, until it's too late.**

**Learn how to document your healthcare decisions,  
how to create a living will, understand who makes  
medical decisions about your healthcare  
if you could not speak for yourself, and more.**

**There are free resources available on our website.  
Start the conversation today about healthcare decisions.**

**To learn more about National Healthcare Decisions Day  
and receive free information, visit:  
[aging.maryland.gov/Pages/NHDD.aspx](http://aging.maryland.gov/Pages/NHDD.aspx)**